

56th Annual
**CLINICAL
ADVANCES
IN PEDIATRICS
SYMPOSIUM**

Sept. 27-29, 2023



Presented by

Children's Mercy
KANSAS CITY



2023 PROGRAM AGENDA*

WEDNESDAY, SEPT. 27

- 7:45 a.m. **Welcome and opening remarks**
- 8:00 a.m. **Common Cases - Urology**
Joel Koenig, MD
- 8:30 a.m. **Hypertension Screening in the Practice Setting**
Doug Blowey, MD
- 9:00 a.m. **Chest Pain in the Primary Care Office – Worry, Refer, or Reassure**
Amanda McIntosh, MD
- 9:30 a.m. **Common Cases – Diabetes**
Ryan McDonough, DO
- 10:00 a.m. **Question and answer panel**
- 10:10 a.m. **Break**
- 10:20 a.m. **Remembrances of Pediatricians**
Keynote: Ethical Challenges, Racial Disparities, and Mitigating Pediatric Health Inequities – The Ultimate Dilemma
Terri Major-Kincade, MD, MPH
- 11:05 a.m. **Congenital Hypothyroidism: Screening and Management**
Jennifer Boyd, DO
- 11:35 a.m. **Positive Parent-Child Relationships**
Carisa Parrish, PhD
- 12:15 p.m. **Question and answer panel**
- 12:25 p.m. **Lunch**
- 1:30 p.m. **Choice of workshop**
You Make the Call! Making Youth Sports Safer from the Sideline to the Office
Greg Canty, MD, Lindsey Malloy-Walton, DO, MPH, and Kaitlyn Bennett, BSN, RN, CPN
- OR**

Keeping Kids in School: Addressing School Refusal and Avoidance

Meghan Kanya, PhD, and Ellen Ritchie, MSW, LCSW, LSCSW

2:45 p.m. **Break**

3:00 p.m. **Choice of workshop**
Tubes, Trachs, and Tech: Care of the Child Who Relies on Medical Technology

Emily Goodwin, MD

OR

Food Allergy: Myths and Realities

Aarti Pandya, MD, and Jay Portnoy, MD

4:15 p.m. **Adjourn**

THURSDAY, SEPT. 28

- 7:45 a.m. **Welcome and opening remarks**
- 8:00 a.m. **Implementing the AAP Obesity Clinical Practice Guidelines in Primary Care**
Sarah Hampl, MD
- 8:45 a.m. **Keynote: Pediatric Injury Control (Part I): Understanding THE Leading Burden of Child Death from Epidemiology to Prevention**
Cinnamon Dixon, DO, MPH
- 9:30 a.m. **Nutrition as Medicine**
Lora Edwards, RD
- 10:00 a.m. **Question and answer panel**
- 10:10 a.m. **Break**
- 10:20 a.m. **Bleeding and Clots and Child Abuse, Oh My!**
James Anderst, MD, MSCI, and Shannon Carpenter, MD, MSCI

- 11:00 a.m. **Keynote: Pediatric Injury Control (Part II): Drowning, Road Traffic Injuries, and Firearms, Oh My! Approaches to Prevent Child Death**
Cinnamon Dixon, DO, MPH
- 11:45 a.m. **Nicotine Addiction: How You Can Help Tackle a Youth Crisis**
Alvin Singh, MD
- 12:15 p.m. **Question and answer panel**
- 12:25 p.m. **Adjourn/Lunch**

BRADFORD SYMPOSIUM ON INFECTIOUS DISEASES

- 1:15 p.m. **Welcome, orientation and opening remarks**
- 1:15 p.m. **Urinary Tract Infection in Children - Reconciling the Old with the New**
Rana El Feghaly, MD, MSCI
- 1:45 p.m. **Keynote: Tickborne Illnesses**
Laura Norton, MD, MS
- 2:15 p.m. **Febrile Infants: New Guidelines, More Complexity**
Joshua Herigon, MD, MPH, MBI
- 2:45 p.m. **Break**
- 3:00 p.m. **Keynote: Congenital Cytomegalovirus**
Laura Norton, MD, MS
- 3:30 p.m. **What to Do When Lymphadenopathy Persists?**
Angela Myers, MD, MPH
- 4:00 p.m. **Infectious Disease question and answer panel**
- 4:20 p.m. **Adjourn**

“This was an excellent program. I took so many notes. I am excited to share with my colleagues when I go to work on Monday.”

—2022 CAPS attendee

FRIDAY, SEPT. 29

- 7:45 a.m. **Welcome and opening remarks**
- 8:00 a.m. **Plagiocephaly: Prevention and Management**
Shao Jiang, MD
- 8:30 a.m. **Make New Friends, but Keep the Old: Contraception Review and Updates**
Romina Barral, MD, and Ashli Lawson, MD
- 9:10 a.m. **Keynote: Gymnastics and Sports Medicine – Stick the Landing on Developmental, Physical, and Mental Health**
Emily Sweeney, MD
- 9:55 a.m. **Question and answer panel**
- 10:05 a.m. **Break**
- 10:10 a.m. **Keynote: Optimizing Care of Infants with Neonatal Opioid Withdrawal**
Kimberly Spence, MD
- 10:55 a.m. **Trends in Pediatric Opioid Prescribing and Use**
Michelle DePhillips, MD
- 11:25 a.m. **Kynote: Drug Testing for Substance Abuse**
Kimberly Spence, MD
- 12:10 p.m. **Question and answer panel**
- 12:20 p.m. **CAPS Adjourn**



Angela Myers, MD, MPH

OPTIONAL: PEDIATRIC MATE TRAINING POST-CONFERENCE – \$50

- 12:20 p.m. **Lunch for post-conference attendees**
- 12:40 p.m. **Keynote: Adolescent Substance Use: Updates and Advances**
Geetha Subramaniam, MD
- 1:25 p.m. **Rollercoaster Parenting: Guardrails for the Journey to Adulthood**
Shayla Sullivant, MD
- 1:55 p.m. **Keynote: TBD**
Jennifer Exo, DO
- 2:40 p.m. **Question and answer panel**
- 2:50 p.m. **Break**

- 2:55 p.m. **Management of Pelvic Pain in Adolescents**
Adam Booser, MD
- 3:25 p.m. **Appropriate Treatment of Acute Pain**
Armand Morel, MD
- 3:55 p.m. **Question and answer panel**
- 4:05 p.m. **Adjourn**

** Agenda is current as of July 2023. Faculty and schedules are subject to change to accommodate emergent situations. Please visit [childrensmercy.org/CAPS](https://www.childrensmercy.org/CAPS) for all updates.*



Douglas Blowey, MD

“ This was, by far, the best conference that I’ve attended in 10 years. The topics were pertinent and the speakers, even though we were virtual, were very engaging in their presentations. ”

—2021 CAPS attendee

“ I have been attending CAPS for several years and the quality of the presenters only gets better. ”

—2022 CAPS attendee

GUEST FACULTY

Cinnamon Dixon, DO, MPH

Pediatric Emergency Medicine Physician, Children's Hospital Colorado; Clinical Associate Professor; University of Colorado, Aurora, Colo. NIH Medical Officer; Program Director of Emergency and Trauma Care, Unintentional Injury Prevention, Rockville, Md.

Jennifer Exo, DO

Associate Medical Director, Hazelden Betty Ford Foundation, Plymouth, MN

Terri Major-Kincaide, MD, MPH

Medical Director, Chronic and Palliative Services; Associate professor of Pediatrics, Pediatrics, Division of Neonatology; UT Health Houston McGovern Medical School, Houston, Tx.

Laura Norton, MD, MS

Fellowship Program Director, Division of Pediatric Infectious Diseases; Associate professor, Department of Pediatrics; University of Minnesota Medical School, Minneapolis, Minn.

Kimberly Spence, MD

Neonatologist, SSM Health Cardinal Glennon Children's Hospital; Associate Professor, Department of Pediatrics, Division of Neonatology, Saint Louis University School of Medicine; St. Louis, Mo.

Geetha Subramaniam, MD

Deputy Director, Center for Clinical Trials Network, National Institute on Drug Abuse; Assistant Professor of Psychiatry, Johns Hopkins School of Medicine; Child, Adolescent, Adult, and Addiction Psychiatrist, Bethesda, Md

Emily Sweeney, MD – Associate Fellowship Director, Pediatric Sports Medicine Fellowship, Children's Hospital Colorado; Assistant Professor, Orthopedics, University of Colorado School of Medicine; Aurora, Colo.

“**Fabulous conference!!! I have NEVER been disappointed with CAPS! Every year the talks are excellent. I enjoy the variety of topics and the speakers are always great.**”

—2022 CAPS attendee

CHILDREN'S MERCY KANSAS CITY

James Anderst, MD, MSCI

Child Abuse Pediatrics

Romina Barral, MD, MSCR

Adolescent Medicine

Kaitlyn Bennett, BSN, RN, CPN

Heart Center

Douglas Blowey, MD

Pediatric Nephrology; Medical Administration; Integrated Care Solutions

Adam Booser, MD

Anesthesiology

Jennifer Boyd, DO

Pediatric Endocrinology

Greg Canty, MD

Pediatric Orthopedic Surgery; Sports Medicine

Shannon Carpenter, MD, MSCI

Pediatric Hematology/Oncology; Telemedicine

Michelle DePhillips, MD

Pediatric Emergency Medicine

Lora Edwards, RD

Nutrition Services

Rana El Feghaly, MD, MSCI, MD

Pediatric Infectious Diseases

Emily Goodwin, MD

Pediatrics; Beacon Program

Sarah Hampl, MD

Pediatrics; Weight Management

Josh Herigon, MD, MPH, MBI

Pediatric Infectious Diseases

Shao Jiang, MD

Plastic Surgery

Meghan Kanya, PhD

Developmental and Behavioral Health

Joel Koenig, MD

Pediatric Urology; Telemedicine

Ashli Lawson, MD

Gynecology

Lindsey Malloy-Walton, DO, MPH

Pediatric Cardiology; Pediatric Electrophysiologist; Telemedicine

Ryan McDonough, DO

Pediatric Endocrinology; Telemedicine

Amanda McIntosh, MD

Pediatric Cardiology

Armand Morel, MD

Anesthesiology

Angela Myers, MD, MPH

Pediatric Infectious Diseases; Center for Wellbeing

Aarti Pandya, MD

Allergy and Immunology

Carisa Parrish, PhD

Developmental and Behavioral Health

Jay Portnoy, MD

Pediatric Allergy and Immunology; Telemedicine

Ellen Ritchie, MSW, LCSW, LSCSW

Social Work

Alvin Singh, MD

Pediatric Pulmonology; Telemedicine

Shayla Sullivant, MD

Child and Adolescent Psychiatry

FOR MORE INFORMATION CONTACT

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CAPS Course Coordinator
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SYMPOSIUM OVERVIEW

Clinical Advances in Pediatrics Symposium (CAPS) is focused on providing the latest advances in pediatric research and evidence-based practice to improve the quality of children's health care. This annual learning event emphasizes practical application of current concepts that pediatricians, pediatric specialists, family physicians, and advanced practice providers involved in the care of children and adolescents can apply in their practice.

REGISTRATION FEES

SYMPOSIUM – \$450

POST-CONFERENCE – \$50

We are pleased to offer live, in-person attendance and on-demand* viewing of recorded sessions in 2023. All CAPS registrants will have access to:

In-person attendance at Children's Mercy Adele Hall Campus

- Participate in live sessions while networking with colleagues.
- Engage with CAPS faculty and ask your questions during panel discussions.
- Breakfast and lunch Wednesday and Thursday; Breakfast only on Friday.

Access to on-demand recordings

- Can't make a session in person? Watch the recording later on-demand.
- Recordings are planned to be available by Oct. 15 through Dec. 1, 2023.
- *Note: Wednesday afternoon workshops will not be recorded or offered on-demand. Other presentations may not be offered on-demand due to speaker request.

Registration is available on our Children's Mercy CloudCME website or you can visit childrensmercy.org/caps. Log in with your username and password or create a new account (be sure to use a unique and individual email address when creating an account). Future communications related to the conference will be sent to the email provided at registration.

You will receive e-mail confirmation of your successful registration. In the event you do not receive a confirmation, or prefer to register over the phone, please contact caps@cmh.edu.

Registration fees are waived for dues-paying members of Children's Mercy Physician Business Partners and employees of Children's Mercy Hospital. If you are interested in Children's Mercy Physician Business Partners membership, please contact mberger@cmics.org.

CANCELLATION

Cancellations for any attendance option must be received by Sept. 1, 2023, to receive a refund. A \$75 administrative fee will be deducted. No refunds will be given for cancellations received after this date or for non-attendance.

CONTINUING MEDICAL EDUCATION

Children's Mercy Hospital is accredited by the Missouri State Medical Association to provide continuing medical education for physicians.

Clinical Advances in Pediatric Symposium: Children's Mercy Hospital designates this other activity (live course and internet enduring material) for a maximum of **18.75 AMA PRA Category 1 credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to **17 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program**. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Optional Pediatric MATE Training Post-Conference: Children's Mercy Hospital designates this other activity (live course and internet enduring material) for a maximum of **3.5 AMA PRA Category 1 credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to **3 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program**. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

EDUCATIONAL GRANT SUPPORT

We would like to thank the below organizations for their support of CAPS.

- Greater Kansas City Pediatric Society
- Greg Canty, MD, and the Children's Mercy Sports Medicine Center
- William L. and Lenora D. Bradford Lectureship

This list is current as of July 2023. Any additional support received will follow ACCME Standards and will be disclosed prior to the live presentations.

CONTACT INFORMATION

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[childrensmercy.org/caps](https://www.childrensmercy.org/caps)

ABOUT CHILDREN'S MERCY KANSAS CITY

Children's Mercy Kansas City is ranked as one of "America's Best Children's Hospitals" in all 10 specialties rated by U.S. News & World Report and has received Magnet[™] recognition for excellence in nursing services five consecutive times. With 366 licensed beds and a medical staff of more than 750 pediatric subspecialists, we care for children from all 50 states and from around the world. In addition, our leadership in pediatric genomic medicine and individualized pediatric therapeutics is driving research and innovation across all pediatric subspecialties to transform outcomes for children. Children's Mercy is also a leader in providing outstanding pediatric medical education through our pediatric residency, fellowships, and allied health professional educational programs. Our love for children powers everything we do, inspiring our research, innovations and our everyday care. Because love has no limits. And with it, neither do we.



Alvin Singh, MD



Up to 22.25
CME Hours and
20 ABP MOC
Part 2 points
available.



Clinical Advances in Pediatrics
Attn: Graduate Medical Education
2401 Gillham Rd
Kansas City, MO 64108

cmkc.link/caps2023

6.25 hours of MATE -
Related Content
2.5 hours of KS Category III -
Related Content

